CHILDREN’S BOOK WEEK

Do you remember your favorite children's book growing up? You know the one. Your parents had to read it to you every night before bed for days/weeks/months. You knew it so well you were able to recite as your parents read. If you have little ones of your own, you may find yourself reading the same book every night to your child...

Continue/Page 02

MEMORIAL DAY

For many, Memorial Day marks the beginning of summer. School is out or almost out; and it’s time for vacations (or staycations), fireworks, barbecues, and the Indianapolis 500. However, there is a lot more to it. Memorial Day is a day of remembrance for those fallen in service to our nation. It dates back to the 1860s when it was originally observed in honor of Confederate and Union soldiers who fell during the American Civil War. While it is unclear who conceived of the idea for a holiday, the day of remembrance was first declared by General John “Blackjack” Logan of the Grand Army of the Republic on May 5th, 1868. The first Memorial Day was on May 30, 1868, when the graves of fallen soldiers were decorated with flowers at Arlington National Cemetery...

Continue/Page 03
Children's Book Week: May 2-8, 2011

Studies have shown that children who are read to learn the alphabet and write their names sooner, and children who come from households with a variety of books often perform better in school. Children's books from board books to novels are a crucial part of a child's development. Children's Book Week (CBW) promotes this with fun events, awards, and online activities for younger readers.

Conceived and coordinated by Franklin K. Matthews, the librarian of the Boy Scouts of America, the first CBW took place in 1919. One of the highlights of CBW is the Children's Book Awards. It is an opportunity for children to recognize their favorite author and book by voting from a pool of nominees. You can watch a short video featuring Jarrett Krosoczka, author of the Lunch Lady series announcing and describing the nominees at A Story Before Bed (http://www.astorybeforebed.com/demo/ccba2011nominees). All of the nominees are fabulous children's authors and books and well worth writing down for checking out later!

This week is a time to remember and celebrate the joy and delight children's books bring to our lives. Children's books introduce children to reading by capturing their imagination. The resources below will help you learn more about CBW, childhood literacy, and places to find great titles!

Books
- 1001 children's books to read before you grow up edited by Julia Eccleshare
- A family of readers: the book lover's guide to children's and young adult literature by Roger Sutton and Martha V. Parravano
- What children need to learn to read: the complete parent's guide to ensuring literacy, a love of reading, and school readiness by Michelle Vallene
- Best books for children: preschool through grade 6 by Catherine Barr

Databases
- Novelist K-8 Plus

Websites
- Children's Book Week Puzzles http://www.bookweekonline.com/puzzles
- Flamingnet.com http://www.flamingnet.com/
- Reading Rockets http://www.readingrockets.org/
- Book Lovers Central http://highplains.libguides.com/read
Memorial Day traditions established.

After World War I, the holiday became inclusive of all fallen soldiers. Today, traditional observances include the playing of Taps as flowers are laid over the Tomb of the Unknown Soldier in Arlington, flying the flag at half-mast from dawn until noon, and visiting cemeteries of those lost in wars and conflicts. The official national moment of observance occurs at 3:00 P.M. local time, and the annual broadcast of the National Memorial Day Concert held on the west lawn of the Capitol can be heard on NPR.

British statesman Edmund Burke once stated, “Those who don’t know history are destined to repeat it.” We can learn from our history by remembering our soldiers and how and why they were killed. While we enjoy our holiday weekend, we ought to take a moment to quietly thank those who lost their lives in the course of war, for they deserve as much. To learn more about Memorial Day, check out some of the resources below.

Books
- This republic of suffering: death and the American Civil War by Drew Gilpin Faust
- Oxford illustrated history of the First World War edited by Hew Strachan
- Freedom flyers: Tuskegee airmen of World War II by J. Todd Moye

DVDs
- Dear America: letters home from Vietnam
- Wartorn 1861–2010
- Restrepo: one platoon, one valley, one year

Electronic Resources
- History Reference Center
  - Comprehensive history reference database designed for secondary schools, public libraries, and undergraduate research.
- Biography in Context
  - Nearly a million biographical entries spanning history and geography that’s updated daily to meet the needs of today’s user.

Children’s Resources
- Memorial Day by Sheri Dean
- Memorial Day by Marc Tyler Nobleman
- Memorial Day/Veterans Day [videorecording] / Schlessinger Media

Websites
- United States Department of Veterans Affairs Memorial Day site
  - http://www1.va.gov/opa/speceven/memday/
  - Find all things Memorial Day including such little known facts as why the red poppy still serves as a constant tribute to fallen soldiers.
- Library of Congress’ Today in History: May 30
  - http://memory.loc.gov/ammem/today/may30.html
  - This page covers the history of Memorial Day. There are original photos of General Logan and early events, as well as links to other photo collections, sheet music, and more.
- John A. Logan Wikipedia entry
  - Information and photos taken during General Logan’s career and life.
Weigh and Win is a free health program for Coloradoans 18 and older. The program is not a quick-fix diet but rather helps you incorporate healthy eating and exercise habits into your daily routine so that you can achieve and maintain a healthy weight for life. If you are already at a healthy weight, you will be eligible to receive prizes and coupons for maintaining it. Your success is measured and tracked through quarterly weigh-ins at kiosk locations across the state (a kiosk is available inside the Carbon Valley Regional Library, 7 Park Avenue in Firestone).

Following your quarterly weigh-in, you will earn cash based on the following results:

<table>
<thead>
<tr>
<th>% Weight Loss</th>
<th>Quarterly Cash Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>5%</td>
<td>$15</td>
</tr>
<tr>
<td>10%</td>
<td>$30</td>
</tr>
<tr>
<td>15%</td>
<td>$45</td>
</tr>
<tr>
<td>20%</td>
<td>$75</td>
</tr>
<tr>
<td>30%</td>
<td>$150</td>
</tr>
</tbody>
</table>

Signing up for Weigh and Win is easy. Visit WeighandWin.com to complete the enrollment form, and then visit the nearby kiosk to complete your initial weigh-in. Or, enter your email address at the kiosk. You will then be sent a link to enroll.

Program participants will receive:

- Personalized daily coaching on healthy eating and active living via email or text message.
- Online interactive support that includes a health journal, 24/7 health guide, and access to certified personal trainers and nutritionists.
- Photographed quarterly weigh-ins at conveniently located private community kiosks.
- Monetary rewards for weight improvement; prizes and coupons for maintaining a healthy weight.
- Team challenges – get your family, friends, and/or co-workers to join a team for some friendly competition and to win additional prizes.

Your participation in the program, results, and personal information will be kept completely confidential.

The High Plains Library District is proud to collaborate on the Weigh and Win program. We encourage you to take advantage of the following resources that can help you succeed in your Weigh and Win challenge.

**Print Materials**
American Heart Association No-Fad Diet: A Personal Plan for Healthy Weight Loss

Why We Get Fat: And What to Do About It by Gary Taubes

The 300 calorie cookbook: 300 tasty meals for eating healthy every day by Betty Crocker

**Online Resources**
HPLD's Health & Wellness Subject Guide

High Plains Library District has put together a Subject Guide to help you navigate the library’s catalog and the web. This guide offers a multitude of resources that are just clicks away.

American Medical Association (Patient Site)
http://www.ama-assn.org/ama/pub/patients/patients.page

Center for Nutrition Policy and Promotion (USDA)
http://www.cnpp.usda.gov/

Foods (Food and Drug Administration)
SPECIAL EVENTS

Children’s | Officer Mike Storytime
May 9, 4:00-4:30 pm
Erie Community Library

Listen to Erie Police Officer Mike read stories and get your own badge.

Adults | Health Talks
May 17, 6:30-7:30 pm
Farr Regional Library

Join Dr. Sorbo for an informative session on *Why Can’t You Just Sit Still? - Alternatives to ADHD Medications.* This event is a community partnership.*

Adults | Historical Buildings of Erie
Thursday, May 12, 7:00-8:00 pm
Erie Community Library

Join preservation experts Tom and Laurie Simmons of Front Range Research Associates for a look at the important buildings of historic downtown Erie.

Youth Memorial Garden Butterfly Release and Reception
May 15, 2:00-3:00 pm
Centennial Park Library

Please join us for an afternoon of hope and healing as we release live butterflies into the Youth Memorial Garden at the Centennial Park Library. These “prayers on wings” are being offered in memory of teens who have died in Weld County over the past few years. A light reception will follow the butterfly release. Open to the community.

* Sponsorship or co-sponsorship of this event does not constitute the Library’s endorsement of the content or views expressed during the program.

* Thomas Campbell
## LOCATIONS

<table>
<thead>
<tr>
<th>Library Name</th>
<th>Address</th>
<th>Hours</th>
<th>Map</th>
<th>Calendar</th>
<th>Info</th>
<th>WiFi</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carbon Valley Regional Library</td>
<td>7 Park Avenue, Firestone, CO 80504</td>
<td>Monday - Thursday 9 am - 8 pm, Friday - Saturday 10 am - 5 pm, Sunday 1 pm - 5 pm</td>
<td>🌐</td>
<td>🗓️</td>
<td>🌐</td>
<td>🌐</td>
</tr>
<tr>
<td></td>
<td>(720) 685-5100</td>
<td></td>
<td>📖</td>
<td>🗓️</td>
<td>📖</td>
<td>📖</td>
</tr>
<tr>
<td>Centennial Park Library</td>
<td>2227 23rd Avenue, Greeley, CO 80634</td>
<td>Monday - Thursday 9 am - 9 pm, Friday 10 am - 5 pm, Saturday 10 am - 5 pm, Sunday 1 pm - 5 pm</td>
<td>🌐</td>
<td>🗓️</td>
<td>🌐</td>
<td>🌐</td>
</tr>
<tr>
<td></td>
<td>(970) 506-8601</td>
<td></td>
<td>📖</td>
<td>🗓️</td>
<td>📖</td>
<td>📖</td>
</tr>
<tr>
<td>Administration &amp; Support Services</td>
<td>2650 West 29th Street, Greeley, CO 80631</td>
<td>Monday - Friday 8 am - 5 pm</td>
<td>🌐</td>
<td>🗓️</td>
<td>🌐</td>
<td>🌐</td>
</tr>
<tr>
<td></td>
<td>(970) 506-8550</td>
<td></td>
<td>📖</td>
<td>🗓️</td>
<td>📖</td>
<td>📖</td>
</tr>
<tr>
<td>Erie Community Library</td>
<td>400 Powers Street, Erie, CO 80516</td>
<td>Monday - Thursday 10 am - 8 pm, Friday 10 am - 5 pm, Saturday 10 am - 5 pm, Sunday 1 pm - 5 pm</td>
<td>🌐</td>
<td>🗓️</td>
<td>🌐</td>
<td>🌐</td>
</tr>
<tr>
<td></td>
<td>(720) 685-5201</td>
<td></td>
<td>📖</td>
<td>🗓️</td>
<td>📖</td>
<td>📖</td>
</tr>
<tr>
<td>Farr Regional Library</td>
<td>1939 61st Avenue, Greeley, CO 80634</td>
<td>Monday - Thursday 9 am – 9 pm, Friday 10 am – 8 pm, Saturday 10 am – 6 pm, Sunday 1 pm – 5 pm</td>
<td>🌐</td>
<td>🗓️</td>
<td>🌐</td>
<td>🌐</td>
</tr>
<tr>
<td></td>
<td>(970) 506-8551</td>
<td></td>
<td>📖</td>
<td>🗓️</td>
<td>📖</td>
<td>📖</td>
</tr>
<tr>
<td>Lincoln Park Library</td>
<td>919 7th Street Suite 100, Greeley, CO 80631</td>
<td>Monday - Thursday 9 am - 8 pm, Friday - Saturday 10 am - 5 pm, Sunday 1 pm - 5 pm (September – May)</td>
<td>🌐</td>
<td>🗓️</td>
<td>🌐</td>
<td>🌐</td>
</tr>
<tr>
<td></td>
<td>(970) 506-8460</td>
<td></td>
<td>📖</td>
<td>🗓️</td>
<td>📖</td>
<td>📖</td>
</tr>
<tr>
<td>Outreach</td>
<td>2650 W. 29th Street, Greeley, CO 80631</td>
<td>Monday - Thursday 9 am - 8 pm, Friday - Saturday 10 am - 5 pm, Sunday 1 pm - 5 pm</td>
<td>🌐</td>
<td>🗓️</td>
<td>🌐</td>
<td>🌐</td>
</tr>
<tr>
<td></td>
<td>(970) 506-8644</td>
<td></td>
<td>📖</td>
<td>🗓️</td>
<td>📖</td>
<td>📖</td>
</tr>
</tbody>
</table>
Member Locations

**Eaton Public Library**  
132 Maple Avenue, Eaton, CO 80615  
(970) 454-2189

**Fort Lupton Public & School Library**  
425 S. Denver Avenue, Fort Lupton, CO 80621  
(303) 857-7180

**Glenn A. Jones, M.D. Memorial Library**  
400 S. Parish Avenue, Johnstown, CO 80534  
(970) 587-2459

**Hudson Public Library**  
555 Main Street, Hudson, CO 80642  
(303) 536-4550

**Northern Plains Public Library**  
216 2nd Street, Ault, CO 80610  
(970) 834-1259

**Platteville Public Library**  
504 Marion Avenue, Platteville, CO 80651  
(970) 785-2231

Affiliated Locations

**Wellspring Library**  
1801 16th Street, Greeley, CO 80631  
(970) 350-6074

Partner Locations

**Learning Plaza**  
2448 1st Avenue (inside the Dominic Apartment Complex) Greeley, CO 80631  
(970) 506-8488  
Monday-Thursday 4-6 pm

**Evans Community Complex**  
1100 37th Street, Evans, CO 80620  
Monday - Thursday: 5:30 am - 9 pm  
Friday: 5:30 am - 7 pm  
Saturday & Sunday: 8 am - 2 pm

Book Deposits

**Briggsdale Library**

**Grover Community Library**

**Hill and Park Senior Center**

**Kersey Community Library**

**Pierce Senior Center**

**Mead Community/Senior Center**

**Milliken Senior Center**

**Prairie View Senior Center (Hudson)**